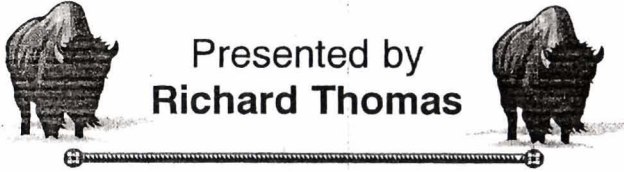


RID ROAD RECOVERY WORKSHOP



Presented by
Richard Thomas

NOVEMBER 7th and 8th 2005

Veterans Hospital in Wichita
5500 E. Kellogg
Auditorium

For information contact:
Dana Garrison 316-651-3683
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WHITE WIND, INC.
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Coffeyville, KS 67337

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OBJECTIVES OF WORKSHOP

The healing mechanisms to address the devastating disease of chemical dependency lie within our Native American culture. The Red Road Approach to healing concepts and traditions is a holistic approach to spiritual, mental, physical and emotional wellness. While contemporary medical methods address the physiology of chemical dependency, the Red Road Approach addresses the psyche and the spirit, releasing the psychosocial hurts produced in chemically dependent environments. The Red Road concept of healing is also closely associated with nature, an essential factor for Native Americans in a clinical setting or learning environment.

By attending this workshop you will:

- * experience a holistic and culturally relevant model of healing
- * be provided culturally relevant knowledge with an opportunity to integrate this knowledge through experiential learning
- * experience the generation of ones spirit for individual balance
- * begin to understand the importance of considering cultural differences when counseling and/or interacting with Native Americans
- * increase your sensitivity and clinical skills when working with clients of differing backgrounds
- * discuss how Trauma affects healing and how it affects relationships.

WHO SHOULD ATTEND

Social workers, mental health practitioners, nurses, professional counselors, school counselors or any persons interested in learning and personal growth through a culturally relevant model of intervention and healing.

COST FOR PROFESSIONALS

The cost for attending this workshop is: ~~\$150.00~~
Pre-registration is appreciated before **November 1, 2005.**

CEU CREDITS

A certificate of attendance, agenda and objectives will be given at the workshop. Each individual will be responsible for submitting the required information to their specific licensing agency for CEU credit.

ACCOMMODATIONS and MEALS

Will be the responsibility of each individual. One group meal will be provided on the last day. Continental breakfast daily.

VETERAN's WELCOME

with
NO FEE REQUIRED

DONATIONS ACCEPTED

**POST TRAUMATIC STRESS DISORDER from the
NATIVE AMERICAN PERSPECTIVE**

WORKSHOP SCHEDULE

Monday November 7th

- 8:00 Registration
- 9:00 Traditional Song/Prayer
Introduction to what is PTSD/Overview
- 9:45 Rick shares his Diagnosis/Experience of PTSD

- 10:30 BREAK

- 10:45 Psychological Effect of PTSD

- 12:00 LUNCH

- 1:00 Addressing PTSD issues from the American Indian
Perspective
- 2:00 Addressing PTSD issues from the Spiritual perspec
tive

- 2:45 BREAK

- 3:00 Trauma: Living with it
Other areas of Trauma
- 4:00 Review/Closure

Tuesday November 8th

- 8:30 Traditional Song/Prayer
Temperature reading on all participants.
- 9:00 Moral Recognition Therapy for PTSD

- 10:45 BREAK

- 11:10 Moral Recognition Therapy, cont

- 12:00 LUNCH

- 1:00 Fear/Challenges
- 1:45 Recovery Process: When does healing occur?

- 2:30 BREAK
- 3:00 Letting Go, Ceremony, Songs, Feedback
- 4:15 Wrap up/Discussion

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